



Young Voices Together



**Help us improve our services
for children and young
people.**

Have you had help from any of the following services?

- ADHD Nursing
- Children's Community Nursing Team
- Children's Continence
- Children's Epilepsy
- Community Paediatrician
- Key-working
- Looked After Children
- Neurodevelopmental Services
- Occupational Therapy
- Paediatric Nurse Advisor
- Short Breaks Home Nursing Team
- Squirrels Residential Unit
- Starfish
- Starfish+

We would love to know:

- **What's good about the service?**
- **What can we do better?**

We're asking a small group of young people to talk about what it's like to use these services and share ideas.

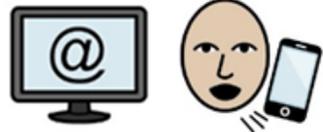
How to take part:

If you are interested in helping us, please scan the QR code below.



Alternatively, you can email **YoungVoicesTogether@nchc.nhs.uk** or leave a voicemail on **01603 216060** sharing:

- 1) Your **name**,
- 2) Your **age**,
- 3) Your **contact number**,
- 4) The **service** you have had support from.



If you are under 18 years old, we will also need to know:

- 1) Your parent's/guardian's **name**,
- 2) Your parent's/guardian's **telephone number**,
- 3) Your parent's/guardian's **email address**.

What will happen next:

We will contact you to talk about how you can help us, and to discuss any support you need to be involved.

Taking part is great way to have your voice heard, support your local community, meet other young people, and boost your CV.

We will also pay back any travel costs if you do take part.

Feedback

You can get help with any questions about our services or provide feedback about them by contact Patient Advice Liaison Services.

Telephone: 0800 088 4449

Email: pals@nchc.nhs.uk
(Monday – Friday 9am – 5pm)

You can also tell us how likely you are to recommend our service to friends and family if they needed similar care or treatment. Hearing your views helps our staff understand what they are doing well, and where improvements can be made.

Ask a member of staff for a **Friends and Family Form** or visit:
www.nchc.nhs.uk/patientfeedback



If you would like this publication in large print, Braille, alternative format or a different language, please contact us on 0800 088 4449 and we will do our best to help.