

Activity	Equipment	What to do	Variations
Shooting worms	3 x cups 3 x cups with a hole in the top Shaving foam	Line up cups upside down Spray a pile of foam on top of each one Count down and push down a cup with a hole on top over the shaving foam The foam will squirt through the hole like a worm.	Add paint or glitter to work on colours. Use different numbers/sizes of holes.
Marble painting	Marbles Tray with paper in bottom Paint Shot glasses	Count out marbles and shot glasses Squirt different coloured paint into each glass Add marbles to glasses and tip into tray Move tray around so that children can watch the marbles painting.	Use stencils/ paper shapes to make different pictures – e.g. an egg at Easter or a tree at Christmas.
Splat it	Shaving foam Paint/ dye Spatula	Count out blobs of shaving foam Add coloured paint Say 'ready, steady, go' and splat with spatula.	Different themes e.g. add tissue paper wings/ eyes to make flies to splat Spray each blob into cake cases and add sprinkles/ cherry to make cakes to splat.
Flour sieving	Themed items/ picture Flour Sieve Black paper	Put items (e.g. toy animals) onto black paper and name each one Scoop up flour and sieve over items until they are all white Move items and then name silhouettes Shake paper to make them disappear.	Theme to topic vocab – e.g. kitchen utensils, science equipment, butterfly lifecycle Work on categories – use two pieces of paper and divide the items between them e.g. sea creatures/ land animals.
Balloon pop	Glitter inside balloons Pin Black paper	Count out balloons Lift high above paper and burst with pin so that glitter sprinkles on paper. (Warn children about bang and model putting hands over ears).	Use different sizes of balloons e.g. big/small, big/bigger/biggest. Use different coloured balloons/ glitter. Fill balloons with themed tissue paper shapes.
Volcano	Sugar free lemonade Mint Mentos Food colouring	Remove label from bottle. Add different coloured food colouring and watch the colours mix Count out 3 Mentos and drop into bottle.	Add plastic bugs and glitter before the Mentos Use a magic word and pretend it's a magic potion.

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Salt sprinkle	Salt Cups with holes Black paper	Scoop up salt and say 'ready steady go' Sprinkle salt onto paper from holes in cup to cover black paper Draw picture in salt, pause to allow children to guess what it is. Shake paper to make picture disappear.	Draw letters/numbers in the salt.
Fish in the sea	Tissue paper fish Tray Jug of water Blue food colouring Glitter	Add blue colouring to water and pour into tray Sprinkle on glitter and say 'look it's the sea'. Count out 10 fish together In turn drop each fish from a height above the sea, cheer the fish on together ('come on fish, come on fish') Cheer when the fish lands in the sea or, if it misses, say 'get in the sea' and put the fish in the sea.	Can theme to topic e.g. butterflies in the sky, bugs in the garden, footballs in goal, boats in the water.
Knock it down	10 paper cups/ blocks	Count to 10 as you build a pyramid Say 'ready steady go' together and knock it down.	Stick themed pictures to the cups and name. Make different sized pyramids and model 'big' / 'small'.
Flour castles	Box of flour 4 small cups Black paper	Scoop flour into cup Turn upside down on paper to make a flour castle Count down together ('1, 2, 3 splat')	Sprinkle glitter/ powder paint on top to make coloured castles. Hide small figures inside to find when you splat the castle.
Water gloves	Disposable plastic glove Water Food colouring Pin Shower curtain	Put some food colouring into the bottles of water Pour the water into the glove Holding the glove high over the shower curtain, prick holes with the pin	Try freezing a glove full of water and glitter, and then smash it!
Dancing sultanas	Bottle Fizzy water Sultanas	Fill the bottle with fizzy water Drop the sultanas into the bottle Watch them dance!	Use food colouring in the water.

Activity	Equipment	What to do	Variations
Balloon blow-up	Plastic bottle Vinegar Bicarbonate of soda Funnel Balloon	Pour vinegar into the bottom of the bottle Add a teaspoon of bicarbonate of soda into the balloon (using a funnel) Secure the balloon on to the top of the bottle, keeping the balloon flopped over Hold on tight to the balloon and shake the baking powder into the bottle Watch the balloon blow up!	
Bubble snakes	Plastic bottle Sock Tape Soap Water Dish	Cut the bottom off the water bottle Slide the sock over the bottle and secure with tape Mix up some soapy water in a dish Dip the sock covered bottle into the water and blow!	Food colouring (add drops of colour on to the sock to make different coloured bubbles)

*For more ideas and tips, visit Gina Davies Autism Centre on Facebook. Photographs and videos of ideas can also be found on YouTube and Pinterest. Many stage 2 activities can be adapted for stage 3. For example, the children can take turns at dropping a fish in the sea or splatting a flour castle.*